

# **VOLLEYBALL**

## **TECHNICAL GUIDELINES, RULES AND REGULATIONS**

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### **1. GENERAL:**

- 1.1. This volleyball competition shall be held in accordance with the rules of the International Volleyball Federation (IVBF) 2009-2012 Edition.
- 1.2. In case of any dispute on the text, the English version of the latest IVBF Rules shall prevail.
- 1.3. Unforeseen incident not covered by the rules shall be dealt with as follows:
  - 1.3.1. Cases of general nature will be resolved in accordance with the Guidelines of PALARONG PAMBANSA.
  - 1.3.2. Technical questions will be resolved in accordance with the Technical Guidelines, Rules and Regulations of Volleyball.
  - 1.3.3. Question on eligibility will be resolved in accordance with the Screening and eligibility guidelines of DepED.

### **2. SPECIFIC RULES:**

#### **2.1. PARTICIPANTS**

The Palarong Pambansa Volleyball Championship shall be participated by Elementary and High School Boys and Girls team representing one team each per region to a total of 17 Regions.

#### **2.2. ELIGIBILITY OF PLAYERS:**

The Palarong Pambansa Eligibility Rules shall be adopted in Elementary and Secondary levels

#### **2.3. ENTRIES AND TEAM INFORMATION:**

Each Region is entitled to send entries in two divisions, Elementary Boys and Girls and High School Boys and Girls. Coaches and Team Captains of teams in both divisions are obliged to attend the Sports Solidarity Meeting or General Technical Meeting of Coaches and Officials. Failure to attend waves its right to file neither protest nor complaint against any matter discussed and agreed during the meeting. It is also in this meeting that all participating team coaches of each region must:

- 2.3.1. Submit their entries to the Volleyball Tournament Manager to confirm officially its participation following the modified/simplified O-2 bis form with twelve (12) players including the LIBERO and two (2) officials, the Official Coach and chaperon in case of girl's team. Please see attached sample;
- 2.3.2. Attend the "preliminary inquiry" and submit for inspection the team captains' uniform, and that of the LIBERO;
- 2.3.3. Participate in the drawing of lots which shall immediately follow after the briefing to be able to determine the teams to play on the first day.
- 2.3.4. Be furnished copy of the whole schedule of games in all levels from the first to the last day of the Palarong Pambansa.

#### **2.3.5. COMPOSITION OF TEAMS**

A team shall be composed of the following:

12 Players including LIBERO

1 Head Coach & one (1) Chaperon for girl's team only



A team may have two or more officials, the Trainer and Medical Doctor. They may participate during the warm-up but during the game, only the coach and chaperon shall sit on the player's bench.

**2.4. HOW TO WIN A SET:**

Games shall be played on a 2 out of 3 sets following the 1-25 Rally Point System (RPS). A team which scores 25 points with a minimum lead of two (2) points wins a set. In case of a 24-24 tie, the play is continued until a two-point lead is achieved (26-24; 27-25; etc.) Should there be 3<sup>rd</sup> or deciding set, the change court shall be at score 13 and a team which scores 25 points or with a minimum lead of two points wins the set. (Rule: 6.2; 6.3.)

The Championship match for elementary boys and girls shall follow the 2-out-of-3 sets. In the 3<sup>rd</sup> or final set, teams change sides of the court at score 13 and a team which scores 25 points or with a minimum lead of two points win the set.

The championship match for Boys & Girls, secondary level, shall be played on a 3-out-of-5 sets. Should there be fifth set, teams change sides of the court at score 8 and the team which scores 15 points or with a minimum lead of two points wins the set.

**2.5. CONDUCT OF THE COMPETITION:**

2.5.1. Referees accredited by the DepED/TFSS and officially endorsed by respective regions will be tapped to officiate the games.

2.5.2. The Rule of Succession in scheduling games in all levels shall apply. Hence, teams shall be within the court vicinity forty five (45) minutes to one (1) hour ahead of their scheduled time of play. Fifteen minutes prior to the match, the First and the Second Referee will conduct the toss coin and other game proceedings. Games shall start as scheduled.

2.5.3. Pointing dirty fingers, use of profane language or any derogatory remarks addressed to the officiating officials, players and spectators during the game shall be subjected to penalty in accordance with the sanction scale.

2.5.4. At the end of the match, team captains shall congratulate and shake hands with the Referees, a gesture of sportsmanship, and sign the score sheet to ratify the result of the match. (Rule: 5.1.3.1)

2.5.5. There shall be regular inspection/checking of Player's ID before the game starts.

**2.5.6. PARTICIPANT'S CONDUCT:**

2.5.6.1. Participants must know the "official volleyball rules" and abide by them.

2.5.6.2. Participants must accept Referee's decision with sportsmanlike conduct, without disputing them.

2.5.6.3. Participants must refrain from actions or attitudes aimed at influencing the decision of the referees or covering up the faults committed by their team.

2.5.6.4. Participants must behave respectfully and courteously in the spirit of fair play not only towards the referee but also towards the officials, the opponent, teammates and spectators. (Rule 20.1; 20.2)

**2.6. OFFICIAL VOLLEYBALL RULES, BALLS AND UNIFORM:**

**2.6.1. RULE:**

The competition shall be played in accordance with the FIVB Rules 2009-2012 edition of the games in force. All necessary interpretations will be made before the competition, i.e. during the General Technical Meeting of Coaches and Referees.





A team must officially register and declare 2 LIBEROS prior to its First Game or during the Technical Meeting of Coaches and Referees. (Rule: 19.1.1.)

**2.6.2. THE LIBERO:**

The 1<sup>st</sup> LIBERO shall be the acting LIBERO, while the 2<sup>nd</sup> LIBERO shall be the reserved LIBERO. The coach has the option to field in any of the LIBEROS. Replacement of LIBERO shall be made only once in the entire match. (Rule: 19.1.3.)

**2.6.3. PLAYING UNIFORM:**

The playing uniform must be in conformity with the regional color and of the FIVB General Regulations. The player's number (1-18) registered on the 0-2 bis form must be the same number on the uniform and shall be the same number to be used by the player throughout the Palarong Pambansa game duration. The uniform of the LIBERO must be in color contrast with the team's color. (Rule: 4.3.1; 19.2.)

**2.6.4. THE BALL:**

The Organizer shall decide the brand of the Ball to be used as the "Official Ball".

**2.6.5. COACHES AND TEAM OFFICIALS' UNIFORM:**

The officials on the player's bench must wear polo shirt or T-shirt with collar. Team officials who are in short pants and/or in slippers will not be allowed to sit on the player's bench during the match.

**2.6.6. REGISTERED TEAM OFFICIALS:**

Only the team coach, girls' chaperon and twelve players are permitted to sit on the bench during the match and to participate in the warm-up session.

A team without registered team officials before the start of their scheduled game will lose their game by default. "No Coach No Play Rule" shall apply.

**2.6.7. THE CHAPERON/ASSISTANT COACH:**

The Assistant Coach sits on the bench but has no right to intervene in the match. (Rule: 5.3.1; 5.3.2.)

**2.7. VOLLEYBALL TOURNAMENT FORMAT**

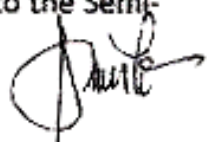
The Palarong Pambansa shall adopt the **Single Round Robin, Cross-over and the Knock-out system** of competition in all levels/divisions.

**2.7.1. GROUPING PROCEDURE**

The 17 teams will be divided into four groups, A, B, C, & D. Three groups will have four teams each and one group will have five (5) teams. It shall also draw lot to which group will it belong prior to the games. Three groups must at least have one team each from Luzon, Visayas and Mindanao. Teams in each group shall play single round robin and shall be ranked accordingly.

Group "A"		Group "B"		Group "C"		Group "D"	
1st	_____	2nd	_____	3rd	_____	4th	_____
M	_____	M	_____	6th	_____	5th	_____
V	_____	L/M	_____	M	_____	V/L	_____
L	_____	L	_____	V/L	_____	M/L	_____
				L	_____		

Top two teams in Groups A & C and in Groups B & D will advance to the quarter finals and play on a cross-over system. Respective winners will advance to the Semi-



Finals. Losers will play for consolation round (Optional) on a cross-over but knock out game.

Losers from the Semi-Finals will play for 3<sup>rd</sup> and 4<sup>th</sup> Places respectively; the Winners will play for the Championship (1<sup>st</sup> & 2<sup>nd</sup> Place)

Quarter Finals (4 Games)	QF1	A1	_____	-vs-	C2	_____
	QF2	A2	_____	-vs-	C1	_____
	QF3	B1	_____	-vs-	D2	_____
	QF4	B2	_____	-vs-	D1	_____
Consolation Games Optional (if time warrants to play)	Loser QF1		_____	-vs-	Loser QF3	_____
	Loser QF2		_____	-vs-	Loser QF4	_____
Semi-Finals (2 Games)	Winner QF1		_____	-vs-	Winner QF3	_____
	Winner QF2		_____	-vs-	Winner QF4	_____
Finals (2 Games)	Loser SF1		_____	-vs-	Loser SF2	_____
	Winner SF1		_____	-vs-	Winner SF2	_____

## 2.8. CLASSIFICATION OF TEAMS

2.8.1. The following points shall be taken into account to decide the ranking:

Match Won	- 2 points
Match Lost	- 1 point
Match forfeited/ defaulted /withdrawn	- 0 point

2.8.2. Should there be tie or ties, the Point Ratio System shall determine the ranking of teams.

In case of equality in the number of points gained by two or more teams, the tie will be broken by the Points Ratio Of All Points Scored For in all preliminary round robin matches divided by the Total Of All Points Scored Against in all preliminary round robin matches, i.e.

$$\text{Point Ratio} = \frac{\text{Total of All Points Scored For}}{\text{Total of All Points Scored Against}} =$$

Should tie still exist, further procedure of Point Ratio System shall apply.

## 2.9. THREE BALL SYSTEM:

To avoid delay of matches, the 3-ball System of Tournament shall be adopted. Teams are advised to tap the ball to where the ball retrievers are.

## 2.10. AWARDS:

### 2.10.1 TROPHIES AND MEDALS:

Trophies and corresponding medals shall be awarded by the organizer to the teams ranked 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placers. Other participants shall also be awarded the Certificate of Participation.

### 2.10.2 CERTIFICATE OF ACHIEVEMENT

Certificate of Achievement shall be awarded to the members of the mythical six and the winning coach of the tournament, all levels.

Note:

Players must wear the official uniform by region in receiving their medals during the Volleyball Awarding and Closing Ceremonies which will follow immediately after the championship match.



### **3. MISCELLANEOUS PROVISIONS:**

#### **3.1. PROTEST/COMPLAINTS:**

Protest on eligibility shall be addressed to the Eligibility/Screening Committee. Protest on technicality shall be resolved within the authority of the Tournament Director. Protest shall be resolved within 24 hours. To avoid nuisance protest, a protest must be presented in writing within 30 minutes immediately after the game in question duly signed by the team captain and coach, accompanied by evidence / documents or proof. Failure to do so would mean non-interest on the part of the protesting party to pursue the case, hence, the protest will be dropped.

#### **3.2. MISCONDUCT DURING COMPETITION AND CORRESPONDING PENALTIES:**

##### **3.2.1. PLAYER AND COACHES' ATTITUDE DURING GAMES:**

Participants must refrain from actions or attitudes aimed at influencing the decision of the referees, otherwise, the player/team/coach shall be issued Verbal warning. Repetition of the same offense warrants penalty.

##### **3.2.2. UNDER THE INFLUENCE OF LIQUOR/DRUGS:**

Any member of the team found to be under the influence of Liquor or drugs shall not be allowed to sit on the bench.

##### **3.2.3. SANCTIONS:**

All forms of misconduct during competition shall be subject to sanction in accordance with the sanction scale (Rule 22.3).

##### **3.2.4. DEFAULT:**

A team that does not appear fifteen (15) minutes after the scheduled time of their game shall be declared in default in favor of the opposing team.

##### **3.2.5. DEFAULT/FORFEITURE/WALK-OUT:**

A team that declares its game in default, voluntary forfeiture and/or walks out before or during the match shall be given ZERO point. Chances are it might entail exclusion from the next qualifying/ranking round. This rule applies starting from the preliminary up to the championship round. All matches previously played will be declared forfeited: 0-3 (0-25, 0-25, 0-25).

#### **3.3. MEDICAL SERVICE/KIT:**

The Palarong Pambansa Organizing Committee has organized a medical team which is meant to immediately respond to the needs of athletes. Aside from this, a team is still advised to have their own First Aid Medical kit

#### **3.4. AWARDS (MEDALS & CERTIFICATES)**

Winners of the matches in respective category/division shall be awarded the following:

Champion - Gold medals

1<sup>st</sup> Runner-Up - Silver medals and

2<sup>nd</sup> Runner-Up - Bronze medals

Certificate of Achievement to the members of the Mythical Six (Pls. see Attached sample)

#### **3.5. VICTORY CEREMONIES**

Victory ceremonies shall follow immediately after the conclusion of the tournament. As a gesture of support in promoting friendship, cooperation and the best display of the spirit of sportsmanship, all teams must attend the closing program. Coaches must advise their players to be in full volleyball uniform particularly those who will receive their medals and/or certificates.



### 3.6. PROTOCOL

The Asian Volleyball Confederation (AVC) protocol shall be adapted during the preliminary rounds and the World Grand Prix (WGP) protocol during the championship matches.

### 3.7. UNFORESEEN ITEMS

As regards the specific items not expressly foreseen in this regulation, the Tournament Manager will decide in consultation with the DepED Guidelines Rules and Regulations and of the FIVB Rules.

Conforme:

Signature of Coaches and Referees

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Coach, Team \_\_\_\_\_  
Signature Over Printed Name

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